

Annual Report 2019-20



# REIN INDIA FOUNDATION TRUST



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[www.reinindia.org](http://www.reinindia.org)

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**VAISHALI RAJARATHINAM** is a founder of **“REIN INDIA FOUNDATION TRUST”**. **“REIN INDIA FOUNDATION TRUST”** is a non-profit organization. **“REIN INDIA FOUNDATION”** is a non profit organization and it was founded in December 2016 with a motive to bring sustainable social changes. Mrs. **VAISHALI RAJARATHINAM** is a founder member and managing trustee of the organization. Being M.S.W graduate she believes firmly that grassroots level efforts can bring in expected social changes. Working with people and working for people is an ethic of **“REIN INDIA FOUNDATION”**.



VAISHALI  
RAJARATHINAM  
(Founder)

## About REIN INDIA FOUNDATION TRUST



## Our Chairman's Speech



Our Organization has done various activities in the sector of Education, Health, and Relief of Poor, Agriculture Development, Skill Development, Women Empowerment etc in the year 2019-20.

aims to bring a sustainable social change in a society. During her frequent visits of Bosco Mane she could understand about the need of Health and hygiene issues about young girls. During her government school visits she used to talk with school coordinators and teachers, where she could find out some interesting facts about menstruation. Thus a journey started of "Menstrual Talk" an initiative of Rein India foundation. During her tenure of last two years she visited many school teachers and Girl students of government aided schools. She could realize a need of awareness and a freedom of expression can create a sustainable change in menstruation Cycles of school girls. We provide meal or packed grocery kits to the marginalized and low-income segment of the society comprising of daily wage workers, migrant labourers, construction site workers, and needy people at old age homes and night shelters. We educate about POSH (prevention of sexual harassment against women at working places) in schools, colleges, educational institutions as well as inside residential apartments to avoid unwanted incidents about harassment.

Chairman



**“REIN INDIA FOUNDATION TRUST”** is one of the few NGOs in Bangalore who is a torch bearer in the field of menstrual health management. Periods are not only about sanitary napkins and pads but also about clean and healthy environment during those five tiresome days.

**“REIN INDIA FOUNDATION TRUST”** provided reusable cotton cloth pads to more than 300 school girls and thus created awareness about Eco friendly periods. Through our Menstrual talk program we reached more than 1000 school going girls and understood their concerns. We also hand sanitizers and sanitary pad disposal bags along with hand sanitizer in many schools under successful campaign of **“Happy Periods”**. Successful skill development training for handicapped ladies and helped them to showcase their innate skills by selling out the products prepared by them. Income generation activities for disabled ladies.



## Our Achievements

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- To create a sustainable model of Income generation for disabled ladies by creating employment opportunities. To provide a livelihood to women with locomotive disabilities.

- To create awareness about healthy menstruation practices among government school girls and provide them with clean and tidy means of menstrual hygiene management.

## Our Mission

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**W**e at Rein India Foundation aim to provide employment opportunities to disabled ladies who are currently unemployed and belong to economically downtrodden communities. We also aim to eradicate social myths and taboos related to menstruation by arranging Menstrual Talk Programs at Government aided schools. We are abiding to provide safe and healthy menstruation practices at government schools under our campaign called “Happy Periods”.



## Our Vision

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Being a world's most populated country India is a home of many social and community problems. Employment of a people with disability is one of them. In India, the disabled population is a major concern as they constitute 2.21% population according to Census 2011. Due to certain physical restrictions disabled people are lagging behind when it comes to grab an opportunity for employment. Rein India Foundation is bringing the people with disabilities under one roof and providing them an opportunity to show up their skills. Under our newly started project "Wings of Desire" we are working with some disabled people who lost an employment due to certain reasons. Considering their inability to travel we are providing them an opportunity to work from their home. Currently we have a team of four disabled person, among them three are ladies. This bunch of handicapped people is well trained with sewing skills and tailoring techniques. Some of them are experts in paper bag making. As plastic is banned partially, people are opting for cotton bags as well as paper bags. We at Rein India utilizing this phenomenon by providing an opportunity to our disabled ladies. We have some products like cotton grocery bags, kid's pouches as well as sanitary napkin holder. We also prepare stylist paper bags which are eco-friendly and exclusively prepared by our inmates. We are trying our level best to provide employment to needy and disabled ladies and create a sustainable social business model which can change many lives at a time.

## Wings of Desire

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# THE Rein India foundation TEAM

## President



**Vaishali Rajarathinam**

Vaishali Rajarathinam is a MSW graduate and currently spearheading Rein India foundation. Rein India Foundation aims to bring a sustainable social change in a society. During her initial days she worked as a volunteer with some of the NGOs in Bangalore. During her frequent visits of Bosco Mane she could understand about the need of Health and hygiene issues about young girls. During her government school visits she used to talk with school coordinators and teachers where she could find out some interesting facts about menstruation.

Thus a journey started of "Menstrual Talk" an initiative of Rein India foundation. During her tenure of last two years she visited many school teachers and Girl students of government aided schools. She could realise a need of awareness and a freedom of expression can create a sustainable change in menstruation Cycles of a school girls.

## Board Member



**Abhijit Bhattacharya**

Leaving behind the cushy life of retirement, Abhijit has been spearheading different livelihood schematics for tribal welfare in Bastar, in close coordination with Govt. of Chhattisgarh since last four years. Abhijit is Bastar region's go-to guy for integrating various entrepreneurship models based on Solar Products, Menstrual Health, and Forest Product Trainings into different Govt. sponsored tribal welfare schemes. His unique and methodical tribal empowerment technique systematically refines their skill sets, increases employability and offers a market for their exclusive products. Post retirement, Abhijit began volunteering with NGOs where his work mostly revolved around poverty stricken city slums and rural Chhattisgarh. It is there when he started giving a shape to his tribal welfare models and was later offered an advisory role for development of Bastar Tribals. His work has been covered extensively in media, nationally and internationally. He can be contacted in his email ID – [abhijit.ngoraipur@gmail.com](mailto:abhijit.ngoraipur@gmail.com)

## Board Member



**Jyotsana Patil**

Mrs. Jyotsna Patil is currently a board member of Rein India Foundation. She is one of the creative minds of Rein India. She also possesses a vast experience in corporate social responsibility which will pave a successful path to our organisation. With Jyotsna on board, Excelligent Corporate Services Pvt. Ltd. has another accomplished master of human resources. Jyotsna has completed her Master's in Business Administration with specialisation in HR and Marketing. She holds a good 8 years of experience as HR Generalist in IT Industry. Not restricting her activities to a specific domain of HR, Jyotsna has had a practical contact with the A to Z of HR; right from the sourcing, screening, pre-joining and post joining of the candidates; on boarding formalities, employee engagement, exit interviews to conflict resolution, event management, payroll management, employee counselling sessions, administration and the allied. Jyotsna has been known for implementing a number of renovative and innovative ideas and activities – Thought for the day activity, English speaking sessions to name a few, thus building a convivial atmosphere at her workplaces.

## Board Member



**Yashoda Damodaran**

Rotarian of Rotary Club of Madras Fort 11 years of experience in IT & Training industry. Founder & Director of First Step Institute Board member of REIN India Foundation Certified trainer from Mahindra Pride School.

### TRAINING PROFILE:

Have trained 1000 employees on technical domain

Have trained 900+ students in Laughter Yoga

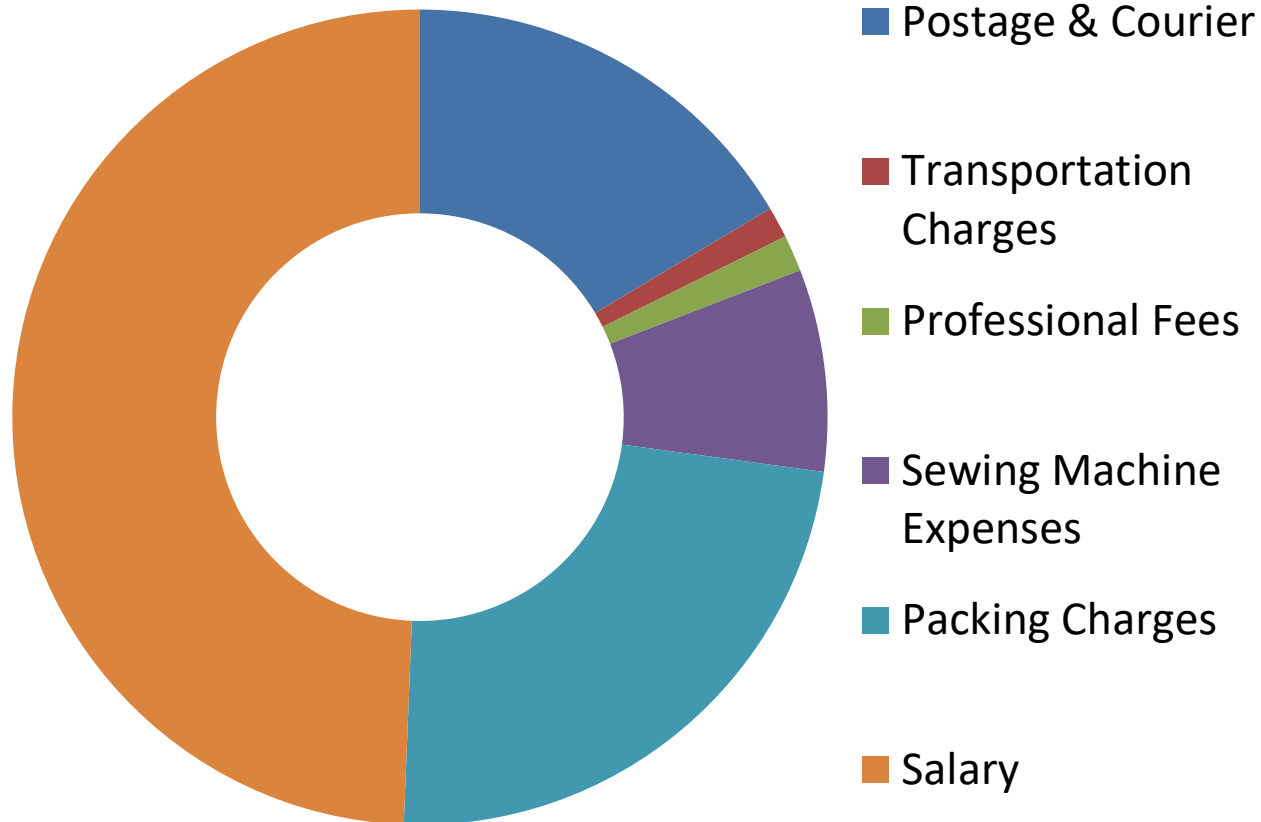
Have given motivational talks to 4000 youngsters through Rotaract

Have personally trained 25 POSH trainers PAN India

Field of expertise :- Laughter Yoga, PMP, NLP, Business Communication, POSH, Soft skills , Behavioural Training & Team Building training.

Our Clients:- Wipro, Accenture, Trident SQA, IFMR, Mahindra Pride School & Farm Shiksha.

### Establishment Expenses



# Annual Report 2019-20

Rein India Foundation Trust; PAN: AADTR1783N  
Bangalore- 560100  
Income & expenditure account for the year ended 31-Mar-2020

Expenditure	Amount	Income	Amount
To Postage & Courier	11,390	By Donation	80,975
To Transportation Charges	850		
To Professional fees	1,000		
To Sewing Machine expenses	5,544		
To Packing Charges	16,250		
To Salary	34,161		
To Excess of income over expenditure	11,780		
	80,975		80,975

Date: 24-Dec-2020

For Rein India Foundation Trust

Place: Bangalore

Compiled as per information provided to us by the client

Trustee

Trustee

UDIN: 21241033AAAAAX4488

## REIN INDIA FOUNDATION TRUST



# Annual Report 2019-20

Rein India Foundation Trust; PAN: AADTR1783N  
Bangalore- 560100  
Balance sheet as at 31-Mar-2020

Liabilities	Amount	Amount	Assets	Amount	Amount
Excess of income over expenditure:			Cash & cash equivalents:		
Opening balance	12,804		State Bank of India 42908	55,563	
Less: During the year	<u>11,780</u>	24,584	Cash on hand	<u>2,162</u>	57,725
Corpus fund		25,540			
Current liabilities		7,601			
		<u>57,725</u>			<u>57,725</u>

Date: 24-Dec-2020  
Place: Bangalore

For Rein India Foundation Trust

Compiled as per information provided to us by the client

Trustee

Trustee

UDIN: 21241033AAAAAX4468

## REIN INDIA FOUNDATION TRUST





## Our Activities

By adhering to all safety and hygiene measures, Rein India Foundation has begun its relief service by providing meal or packed grocery kits to the marginalized and low-income segment of the society comprising of daily wage workers, migrant laborers, construction site workers, and needy people at old age home and night shelter.



**HELPING FAMILIES TO SURVIVE COVID-19**



Nearly 60% of girls do not have prior knowledge about menstruation during adolescence. We conduct awareness sessions on Menstrual health with adolescence school going girls. We motivate girls to use cotton pads instead of disposable sanitary pads contains harmful chemicals.



## CLEAN PERIODS



Free sanitary pads were distributed to poor girls and women by **"REIN INDIA FOUNDATION TRUST"**. At any given time, girls across India cannot afford sanitary napkins. Instead they use cloth, grass, newspapers and other unhygienic materials that increase their risk of contracting infections. It is estimated that over 80% of all women in India do not have access to sanitary products during menstruation. This packet of sanitary napkins will be distributed for free to girls in Govt. schools, slums, orphanages in the age group of 12 to 20. We hold sessions with the mothers of the girls to bring the topic of menstruation out into the open, allow them to ask questions and look at menstruation for the natural and healthy process it is. Through our programs, we aim to improve the health and the quality of life for girls and women across the country and we need your support to reach 30,000 girls with sanitary products this year.



## Sanitary Napkins Distribution Program



The **menstrual hygiene awareness** program aims to encourage hygienic practices during menstruation, to address myths & misconceptions and to enable adolescent **girls** to speak about **menstrual** issues without inhibition. An awareness session was conducted in which all associated topics related to menstruation were explained to adolescent school girls, like what is menstruation, calculation of the period, physical problems faced by girls during their periods and ways to deal with it, maintaining personal hygiene during this period and importance of maintaining hygiene, avoiding the traditional methods of using dirty cloths and promoting use of sanitary napkins, etc. Traditional myths and misconceptions in rural areas related to menstruation were discussed. After the classroom awareness session, a live demonstration of the functioning of a sanitary napkin dispenser and incinerator was given by the Facilitator, which are installed inside girls' toilet for privacy. The facilitator explained the functions of both the machines and also explained the importance of incinerators in destroying the used napkins to keep the environment clean.



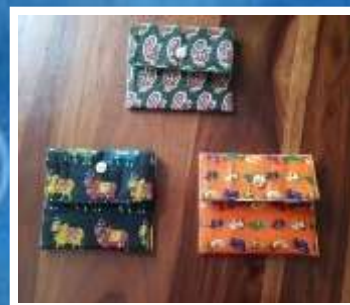
## Menstrual Hygiene Awareness Program







# Gallery







# Gallery

## CLEAN PERIODS DRIVE



## WINGS OF DESIRE





# Gallery

## COVID-19 ACTIVITIES





## ACKNOWLEDGEMENT

Organization acknowledge with gratitude to all those who have supported the organization through contribution, donation and by different means directly or indirectly. Management Committee of the organization places on record their appreciation of the encouragement and moral support from donors, members of the organization, honorary persons and staffs associated with organization along with community with whom organization is working.

## AUDITOR

M/s **Nileema Kamath & Associates**, Chartered Accountants, Bangalore have conducted the audit for the year and are re-eligible to be re-appointed for next year.

The managing committee places on paper and its sincere thanks to the workers, members and beneficiaries for extension of co-operation and efforts.

For and on behalf of "**REIN INDIA FOUNDATION TRUST**"

(Secretary)



**THANK YOU**