



REIN INDIA FOUNDATION TRUST



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www.reinindia.org

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About the **REIN INDIA FOUNDATION TRUST**

VAISHALI RAJARATHINAM is a founder of “**REIN INDIA FOUNDATION TRUST**” Trust NGO. “**REIN INDIA FOUNDATION**” is a non profit organization and it was founded in December 2016 with a motive to bring sustainable social changes. Mrs. **VAISHALI RAJARATHINAM** is a founder member and managing trustee of the organization. Being M.S.W graduate she believes firmly that grassroots level efforts can bring in expected social changes. Working with people and working for people is an ethic of “**REIN INDIA FOUNDATION TRUST**”.



VAISHALI RAJARATHINAM
(Founder)

Our Organization has done various activities in the sector of Education, Health, and Relief of Poor, Agriculture Development, Skill Development, Women Empowerment etc in the year 2019-20.

“REIN INDIA FOUNDATION TRUST” aims to bring a sustainable social change in a society. During her frequent visits of Bosco Mane she could understand about the need of Health and hygiene issues about young girls. During her government school visits she used to talk with school coordinators and teachers, where she could find out some interesting facts about menstruation.

Thus a journey started of ‘Menstrual Talk’ an initiative of Rein India foundation. During her tenure of last two years she visited many school teachers and Girl students of government aided schools. She could realize a need of awareness and a freedom of expression can create a sustainable change in menstruation Cycles of school girls. We provide meal or packed grocery kits to the marginalized and low-income segment of the society comprising of daily wage workers, migrant labourers, construction site workers, and needy people at old age homes and night shelters. We educate about POSH (prevention of sexual harassment against women at working places) in schools, colleges, educational institutions as well as inside residential apartments to avoid unwanted incidents about harassment.

Chairman

MISSION

● To create a sustainable model of Income generation for disabled ladies by creating employment opportunities. To provide a livelihood to women with locomotive disabilities.

● To create awareness about healthy menstruation practices among government school girls and provide them with clean and tidy means of menstrual hygiene management.



VISION



We at Rein India Foundation aim to provide employment opportunities to disable ladies who are currently unemployed and belong to economically downtrodden communities. We also aim to eradicate social myths and taboos related to menstruation by arranging Menstrual Talk Programs at Government aided schools. We are abiding to provide safe and healthy menstruation practices at government schools under our campaign called “Happy Periods”.

Financial Performance



Rein India Foundation Trust; PAN: AADTR1783N
Bangalore- 560100
Income & expenditure account for the year ended 31-Mar-2019

Expenditure	Amount	Income	Amount
To Printing & stationery	8,060	By excess of expenditure over income	11,171
To Volunteering	600		
To Professional fees	1,000		
To Miscellaneous expenses	1,511		
	11,171		11,171

Date: 11-May-2019
Place: Bangalore

For Rein India Foundation Trust

Compiled as per information provided to us by the client

Trustee

Trustee

7-Oct-19

UDIN: 19241033AAAABT7641

Rein India Foundation Trust; PAN: AADTR1783N
Bangalore- 560100
Balance sheet as at 31-Mar-2019

Liabilities	Amount	Amount	Assets	Amount	Amount
<u>Excess of income over expenditure:</u>			<u>Cash & cash equivalents:</u>		
Opening balance	23,975		State Bank of India 42908	37,115	
Less: During the year	<u>(11,171)</u>	12,804	Cash on hand	<u>1,229</u>	38,344
Corpus fund		25,540			
		<u>38,344</u>			<u>38,344</u>

Date: 11-May-2019
Place: Bangalore

For Rein India Foundation Trust

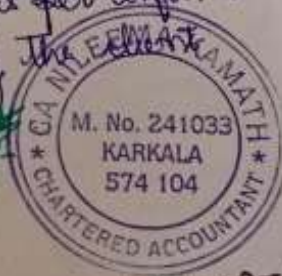
*Compiled as per information provided
To us by the client*

Trustee

Trustee

7-Oct-19

UDIN: 19241033AAAABT7641





Our Activities

Menstrual Hygiene Awareness Program



The **menstrual hygiene awareness** program aims to encourage hygienic practices during menstruation, to address myths & misconceptions and to enable adolescent **girls** to speak about **menstrual** issues without inhibition. An awareness session was conducted in which all associated topics related to menstruation were explained to adolescent school girls, like what is menstruation, calculation of the period, physical problems faced by girls during their periods and ways to deal with it, maintaining personal hygiene during this period and importance of maintaining hygiene, avoiding the traditional methods of using dirty cloths and promoting use of sanitary napkins, etc. Traditional myths and misconceptions in rural areas related to menstruation were discussed. After the classroom awareness session, a live demonstration of the functioning of a sanitary napkin dispenser and incinerator was given by the Facilitator, which are installed inside girls' toilet for privacy. The facilitator explained the functions of both the machines and also explained the importance of incinerators in destroying the used napkins to keep the environment clean.

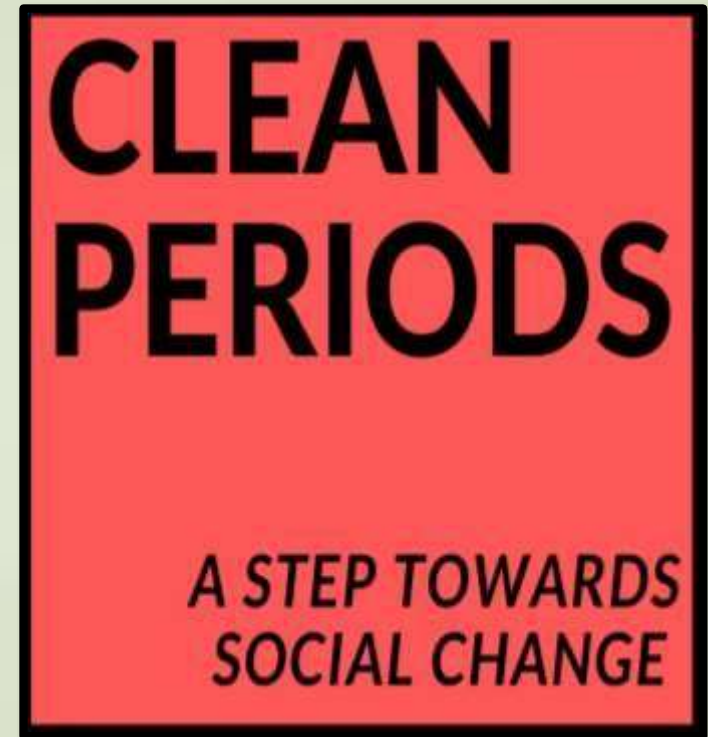
Sanitary Napkins Distribution Program

Free sanitary pads were distributed to poor girls and women by **"REIN INDIA FOUNDATION TRUST"**. At any given time, girls across India cannot afford sanitary napkins. Instead they use cloth, grass, newspapers and other unhygienic materials that increase their risk of contracting infections. It is estimated that over 80% of all women in India do not have access to sanitary products during menstruation. This packet of sanitary napkins will be distributed for free to girls in Govt. schools, slums, orphanages in the age group of 12 to 20. We hold sessions with the mothers of the girls to bring the topic of menstruation out into the open, allow them to ask questions and look at menstruation for the natural and healthy process it is. Through our programs, we aim to improve the health and the quality of life for girls and women across the country and we need your support to reach 30,000 girls with sanitary products this year.



CLEAN PERIODS

Nearly 60% of girls do not have prior knowledge about menstruation during adolescence. We conduct awareness sessions on Menstrual health with adolescence school going girls. We motivate girls to use cotton pads instead of disposable sanitary pads contains harmful chemicals.



Menstrual Talk with “Happy Period”

Rein India Foundation is one of the few NGO s in Bangalore who is a torch bearer in the field of menstrual health management. Periods are not only about sanitary napkins and pads but also about clean and healthy environment during those five tiresome days. Rein India provided reusable cotton cloth pads to more than 300 school girls and thus created awareness about Eco friendly periods. Through our Menstrual talk program we reached more than 1000 school going girls and understood their concerns. We also hand sanitizers and sanitary pad disposal bags along with hand sanitizer in many schools under successful campaign of “Happy Periods”.





Gallery



Doddanagamangala School
Session



Prevention of Sexual
Harassment Training for
housekeeping staff at
Kadugodi



Awareness Session at
Government aided school
Doddathoguru



Menstrual Awareness
Session at Parapaanna
Agrahara Primary School



S. K. Public School
Menstrual Awareness
Session

ACKNOWLEDGEMENT

Organization acknowledge with gratitude to all those who have supported the organization through contribution, donation and by different means directly or indirectly. Management Committee of the organization places on record their appreciation of the encouragement and moral support from donors, members of the organization, honorary persons and staffs associated with organization along with community with whom organization is working.

AUDITOR

M/s **Nileema Kamath & Associates**, Chartered Accountants, Bangalore have conducted the audit for the year and are re-eligible to be re-appointed for next year.

The managing committee places on paper and its sincere thanks to the workers, members and beneficiaries for extension of co-operation and efforts.

For and on behalf of "**REIN INDIA FOUNDATION TRUST**"

(Secretary)



Thank You!